



Size Charts

All sizes measured in inches

Child	Chest	Waist	Hips	Girth
XSC (3-4)	20-23	18-20	21-23	37-39
SC (5-6)	22-24	19-21	22-24	40-42
IC (6x-7)	24-26	20-22	24-26	43-45
MC (8-10)	26-28	22-24	26-28	46-48
LC (10-12)	28-30	24-25	28-30	49-51

Adult	Chest	Waist	Hips	Girth
PA	31-34	25-27	31-34	52-55
SA	34-36	27-28	34-36	56-59
MA	36-38	28-29	36-38	59-62
LA	37-40	29-30	37-40	62-64
XLA	39-42	30-31	39-42	64-66

How To Measure:

- Bust** – Taken straight around the fullest part of the chest and back.
Keep tape measure parallel to the floor.
- Waist** – Taken at the natural waist, where you bend side to side.
- Hips** – Taken around the fullest part of the seat, straight around to the front.
Keep tape measure parallel to the floor.
- Girth** – Taken from the center of one shoulder, down through the legs and up to the center of the opposite shoulder.

General guidelines to ensure proper fit:

- Motionwear offers a wide range of sizes to meet the needs of all gymnasts. Please take time to look at all the options available as they may differ from other manufacturers. Our size chart is a general guide to assist you in selecting the proper size.
- Select the row that best represents your measurements. Keep in mind that the girth (torso) measurement is the most important.
- Everyday practice wear should have a more forgiving fit and feel. Competitive wear should have a sleek yet comfortable fit.
- If your measurements are at the high end of one size, we recommend that you choose the next larger size.